



AWWA ACTIVITIES : HISAR



FAMILY WELFARE MEET : 33 ADSR (AREN)





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Attended by 525 families of Offrs', JCOs, ORs

Highlights of Lecture

- ✓ Use of glassware or steel containers
- ✓ Discourage use of micro-plastics in cosmetics, detergents
- ✓ Use of Menstrual Cups
- ✓ Waste segregation, Composting & Recycling
- ✓ Use of sustainable products at Home and in Regt Guest Rooms etc



Lecture on Minimal Waste and No Plastic Lifestyle by chairperson DOT FWO – 03 Dec 2024



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CENTRAL HEALTH LECTURE ON 24 SEP 2024

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CHAIRPERSON DOT FWO FELICITATING WRITING COMPETITION WINNER



CHAIRPERSON DOT FWO WITH WINNERS

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SKILL DEVELOPMENT (VTCS AND ASTCS)



BRIEF Various activities conducted by this station during the February month as per direction of HQ 33 Armoured Division are appended in subsequent paras.

SER NO	COURSE NAME	STR	REMARKS
(i)	Assistance Beauty Therapist	24	
(ii)	Computer Training	28	
(iii)	EÜCE	18	
(iv)	Handicraft Making	10	
(v)	Drumming Class	11	
(vi)	English Speaking	11	

ECCE is a job-oriented course for six months. It is being conducted by Indian organization for women Education and Training (IOWET), Delhi, an autonomous registered body (Registered by Govt of NCT-Delhi with registration No 4208J). The details of the same are as under:-

- ECCE Course for the session 2023-24 started w.e.f 01 Sep 2023. First directions were carried out on 24 Aug 2023. The team at IOWET had visited and directed all students about the course and also distributed course materials. Students are attending the same at Abhivyakti, YW at Hisar Military station.
- Teaching practice of the students for the session was carried out from 06 Feb 2024 to 21 Feb 2024 at DAPPU (South & North)

ASSISTANCE BEAUTY THERAPIST COURSE (ASTC). 22 students attending the said course visited a civil beauty parlour in Hisar city for on-job training experience.



SPECIAL LADIES MEET



Special Ladies Meet for the month of Feb 2024 was conducted on 05 Feb 2024 to welcome Mrs. Payal Talwar, Chairperson DOT FWO. Ladies club secretary gave the opening address, which was followed by medley and question & answer game. Finally, the event was concluded by group photo and mouthwatering delicacies.

LECTURE ON SUSTAINABLE PRACTICES



LECTURE ON SUSTAINABLE PRACTICES was conducted by Mrs. Payal Talwar, Chairperson, DOT FWO at Yodha Auditorium on 08 Feb 2024, which was attended by 70+ Officers Ladies of HMS and Faridkot Military Stn. Mrs. Payal Talwar enlightened the audience on the following issues:-

- (i) Various sources of Waste in household.
- (ii) Ways of easy waste segregation.
- (iii) Menstrual waste and disposal.
- (iv) Everyday hacks for sustainable living.



AWWA ACTIVITIES



SOUTH WESTERN COMMAND INVESTITURE CEREMONY



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Investiture Ceremony 2024 was conducted at Hisar Military Station on **23-24 Feb 2024**. Veer Nari Srimati Shreya Chaudary w/o Maj Vikas Bambahoo was felicitated by Mrs Komal Seth, Regional President AWWA, South Western Command. In addition, an Equipment display, picnic to Agroha Dham and a Symphony Band performance for all the awardees was organised in 11.40

WORLD CANCER DAY 2024



An awareness lecture cum presentation was centrally org by 333 Fd Hosp & 433 Fd Hosp on **03 Feb 2024** at DOT Auditorium. A str of 35 Offrs, 121 JCO's and 396 OR alongwith families attended the same.



CANCER SCREENING CAMP



CANCER SCREENING CAMP. A cancer screening camp was conducted by MH Hisar on **05 & 06 Feb 2024** at MH Hisar for all families of HMS. As part of celebration a lecture on awareness of breast cancer was conducted alongwith Bone Densitometry Test. Mrs Payal Talwar, Chairperson DOT FWO interacted with families on **06 Feb 2024**. A total 484 ladies attended the camp over a span of two days.



TATTOO ART COMPETITION FOR CANCER AWARENESS. A Tattoo art completion for cancer awareness was conducted as part of the FWC meet where ladies of the troops participated.



Maj Gen Amit Talwar, VSM, COC 33 Armd Div & Mrs Payal Talwar, Chairperson DOT FWO visited APS Hisar on 12 Feb 2024. Mrs Kavita Jhakar, Principal APS Hisar briefed the GOC and Chairperson on various functional aspects of the school with special emphasis on future proposal for merger of APS and the DAPPS



DAPPS (N) & (S) Maj Goh Amit Talwar, VSM, GOC 33 Armd Div & Mrs Payal Tamar, Chairperson DOT FWO visited DAPPS (S) & (N) Hisar on 13 Feb 2024 and interacted with teachers & students.