

MONTHLY UPDATE OF AWWA ACTIVITIES MB AREA : AUG 2024

EMPOWER VEER NARIS, WIDOWS & NOKS

1. **Veer Naris and Widows Sammelan**. A Sammelan for Veer Naris and Widows was org under the aegis of HQ MB Area as part of the AWWA Month Celebrations. **173** Veer Naris attended the Veer Nari Sammelan at Batra Auditorium on **16 Aug 2024**. Zonal President AWWA, Mrs Rajlaxmi Shekhawat, felicitated Veer Naris in Batra Auditorium. The event incl a Band Display, a presentation on employment opportunities for Veer Naris and NOK. Col Mundalia of DIAV gave a lecture on VC for the benefit of all wrt DIAV and benefits being offered. A medical camp along with stalls for Pension Grievance, ECHS grievance was established near Batra Auditorium. The sammellan was extremely fruitful as all the veer naris benefitted from the same.



ZONAL PRESIDENT AWWA FELICITATED VEER NARIS ON 16 AUG 2024

2. Various info kiosks and stalls incl Medical Camp, ECHS Grievance Desk and a Pension Grievance Desk was established for the benefit of the attendees. The Veer Nari Medical camp offered a wide range of medical services, including general health check-up, Gynecological consultations, Dental check-up and Ophthalmological examination. A team of experienced doctors including Med Spl, Gynecologist, Eye Specialist from MH Jabalpur & Dentist from MDC Jabalpur along with Nurses and other health care professionals were present to provide expert advice and medical care. Overall, the Veer Nari Sammelan provided a platform for meaningful welfare for our Widows and Veer Naris.



VEER NARI AND WIDOWS MED HEALTH CAMP HELD ON 16 AUG 2024

3. **Outreach Initiatives.** As a run up to the Veer Nari samellan a number of outreach programs were organised in various stns under MB Area. Outreach pgmes were organised in **Siddhi, Satna** apart from Jabalpur. A medical camp, ECHS grievance cell, Pension grievance cell was est. 'Veer Nari folders ad After Me folders were also updated for the attendees. at Satna Distt on 29 Aug 24 under the aegis of HQ MB Area. Team of JAK RRC installed SPARSH, ECHS and Grievance Management Help desk for assistance to VEER NARIS, WIDOWS, ESM and their dependents. Total 270 ESM, Veer Naris and widows attended the event. Total 65 grievances were recd out of which 40 were resolved on the spot and rest 25 has already fwd to concerned record office under supervision & monitoring of JAK RIF Record Office. Besides this, med camp was also org for the attendees where Eye spl, med spl and Gynecologist of Distt Hosp, Satna was present to provide med treatment at rally site.



VEER NARI AND WIDOWS OUTREACH PROGRAM: SIDDHI & SATNA

CHILDREN WITH SPECIAL NEEDS

1. **Silver Jubilee Celebration.** On **August 21**, Asha School Jabalpur, celebrated its Silver Jubilee with a grand event at Batra Auditorium. Since its inauguration in 1999, the school has reached a significant milestone, continuing to extend its vital services to meet the needs of differently abled children. The event was graced by Lt Gen PS Shekhawat, AVSM, SM, General Officer Commanding, Madhya Bharat Area and Mrs Rajlaxmi Shekhawat, Zonal President AWWA, along with prominent civil and military dignitaries, including the Mayor of Jabalpur Municipal Corporation. The gathering was a true reflection of the community's unwavering support for the differently-abled children who attend Asha School. The highlight of the celebration was the captivating performances by the children of Asha School, who left the audience in awe with their energy, enthusiasm, and talent. Their performances were not just a display of skill, but a testament to the perseverance, human emotions, and indomitable spirit that define the school's ethos.



3. **Magic Show.** A Magic show was organised on 21 Aug 2024 at Batra Auditorium for students of ASHA School Jabalpur on the eve of 'Silver Jubilee'. The magician enthralled the audience with various magic tricks. Overall, the event provided an opportunity for students, parents and teachers of Asha school to interact and bond and having a fruitful and fun interaction.



4. **Independence Day Celebration.** The 78th Independence Day was celebrated at Asha School, Jabalpur, where Dr Madhoolika Mishra Tripathi, the Principal hoisted the National flag. The National anthem was sung by everyone present. The event featured a range of activities, including a Physical Training (PT) session, a Skit - "Azadi Ki Keemat" and group song performances, all of which the students participated in with great enthusiasm. The celebration concluded with a cake cutting ceremony attended by both the students and staff of the Asha School, Jabalpur.



5. **Medical Camp.** MB Area conducted a medical camp at Asha School, Jabalpur on 16 Aug 2024 under the aegis of AWWA Day celebration. 30 students and their parents received medical consultation, treatment and medicine by Lt Col Priyank Augustya, Graded Specialist, Military Hospital Jabalpur. A dental awareness camp followed by dental check-up was organised in Asha School, Jabalpur by Maj Harman Preet, Military Dental Center, Jabalpur on 16 Aug 2024. Students, teachers and parents were made aware about dental hygiene, oral hygiene and preventive care. Dental check-up of 30 students was also carried out.



CONDUCTED A MEDICAL CAMP AT ASHA SCHOOL, JABALPUR ON 16 AUG 2024

6. In addition to the assistance, the focus of the Area AWWA has been to provide them equal opportunity towards achieving self-reliance. The issue has been addressed right from school level where all the APSs in the AOR of the Area have adopted inclusive school model admitting Special Children and hiring Special Educators for facilitating to their special needs. Details are as follows:-

Ser No	School	No of Special Abled students	Name of Special educator with qualification
(a)	APS Prayagraj	11	Mrs Anju Yadav, BA, D.Ed & B.Ed Spl, CTET
(b)	APS Ayodhya	01	Ms Neha, B.Sc, B.Ed Special Education
(c)	APS Varanasi	12	Ms Supriya Shaw, B.Sc, M.Sc, B.Ed Sp (HI)
(d)	APS Gorakhpur	26	Mrs Pratibha Upadhyay, B.Sc (Botany), B.Ed Spl, CTET
(e)	APS 1 Jabalpur	07	Photographs are as under

7. **Early Intervention Centre.** Early Intervention Centre established at MH Jabalpur provides holistic services at one place for early detection and intervention of developmental delay and disabilities in children less than 06 years of age to improve quality of life of these children and their families. State of registration for the month of Aug 2024 is as under: -

- (a) New Registration - 10
- (b) Previously Registered - 87
- (c) Total Registered – 97

8. **Webinar on 'Early Intervention.'** A webinar on 'Early Intervention' was conducted at Puneet Dutt Auditorium on 21 Aug 2024 by Central Command and the same was **live streamed at Kalpana Auditorium** and wives of Offrs, JCOs & OR attended the event.



QUALITY EDUCATION TO CHILDREN

1. **Inter School Patriotic Songs Competition.** A Patriotic song singing competition was org on 20 Aug 2024 at JAKRRC Auditorium. Students of APS 1 and APS 2 participated in the event. The competition was held for three categories for students till 5th Std, 9th Std and 12th Std respectively. The young participants from APS1 and APS 2 filled the auditorium with an atmosphere of pride and unity. The competition was a wonderful mix of traditional and contemporary patriotic songs, showcasing India's cultural diversity and the undying spirit of patriotism.



2. **Painting Competition.** Painting competition for the children was org on 20 Aug 2024 at APS 1. Best three participants of each gp were felicitated during prize distr ceremony held on 23 Aug 2024. Detls of the same are as follows: -



3. **Drawing and Poster Competition.** Drawing and Poster competitions were org at Community Hall COD Jabalpur on 14 Aug 2024. Poster competition for students from class IX to XII was org on the theme of 'Use/ Misuse of Technology'. The drawing competition for the students of class V to VIII was org on the theme of 'Independence Day'. Total 30 children were participated in both the events.



4. **Essay Writing Competition.** Essay writing competition for children was org on 20 Aug 2024 at FWC & VTC Complex COD Jabalpur. Best three participants of each gp were felicitated during prize distr ceremony held on 23 Aug 2024.



5. **Art and Craft Competition.** APS No 1, Jabalpur, buzzed with excitement as it hosted Art and Craft Competition as 'Best out of Waste' competition for Classes I to VIII on 14 Aug 2024 to observe AWWA Week. The event, aimed at promoting creativity saw enthusiastic participation from students across all grades. Over 200 students exhibited their innovative ideas by transforming everyday waste materials into useful and artistic creations. The Class Rooms were transformed into a vibrant gallery of ingenuity, displaying items ranging from decorative pieces to functional household objects. Younger students from Classes I to V made colorful pen stands made from old plastic bottles and creative wall hangings crafted from discarded CDs were impressive. The middle school participants (Classes VI to VIII) raised the bar with their eco-friendly fashion accessories and miniature garden setups using recycled containers.



6. On the occasion of AWWA day celebrations, various cultural programs like fancy dress competition and a singing competition were conducted at Eaglets Preprimary School, 506 ABW.



7. **Coloring Competition at EPPS.** On the occasion of AWWA day celebrations, coloring competition was conducted for students Eaglets Preprimary School, 506 ABW.



8. **Independence Day celebration.** Independence Day was celebrated across all schools in the AOR. Apart from flag hoisting various competitions like patriotic song competitions were conducted.



9. **Janmashtami celebrations.** APS and APPS, in the AOR celebrated Krishna Janmashtami on 25th Aug.



10. **Magic Show.** On 22 Aug 2024 a 'Magic Show' was org for school children and families of the stn to commemorate 58th AWWA Day at Batra Auditorium. A total of 250 pers attended to same. The magician enthralled the audience with his magic tricks. The show was well appreciated.



11. **Fireless Cooking.** As a part of Independence Day celebration, Tri colour Sandwich Making activity was conducted on 16 Aug 2024 at CAPPs, 1STC. Children made Tri color sandwich, using bread, cheese, vegetables etc and enjoyed having it.



FOCUS ON PHYSICAL AND EMOTIONAL WELLBEING

1. **POCSO.** A lecture on POCSO (Protection of Children from Sexual Offence) conducted by Maj Gokul, MH Ayodhya Cantt on 21 Aug 2024 held at Awadh Auditorium, the Dogra Regimental Centre. Sexual offenses against children are serious crimes that can have long-lasting, traumatic effects on the victims. A total str of 08 Offrs families, 146 JCOs/OR Families & 75 children attended the same.



2. **Medical Camps at MH Jabalpur.** Medical camps were conducted from 03-22 Aug 2024 at MH Jabalpur. All residents of Jabalpur cant incl all centers and units attended the same. A total of 234 persons attended the same. A team of doctors incl Med Spl, Gynae Spl, Eye Spl and Dentist were included. A comprehensive exam was conducted for all. Spl health record cards were then prepared and handed over to all pers who attended the camp.



3. **Blood Donation Camp MH Jabalpur.** A blood donation camp was organized at MH Jabalpur in collaboration with Netaji Subhash Chandra Bose Medical College, Jabalpur. The camp was a huge success owing to the great motivation shown by the volunteers on this unique occasion truly displaying the spirit of Raktadaan Mahadaan. 62 persons voluntarily donated blood in Blood Donation Camp org at MH Jabalpur on 21 Aug 2024.



4. **Breast and Cervical Cancer Screening Camp at MH Jabalpur.** 87 x Families in Jabalpur were screened for Breast and Cervical Cancer at MH Jabalpur on 20 Aug 2024.



5. Importance of Breast feeding, self-examination of breast & presentation on Cervical Cancer awareness.

A lecture was conducted by MNS Maj Mamta Rani, MH Ayodhya Cantt on 21 Aug 2024 at Awadh Auditorium, The Dogra Regimental Centre. Breast feeding is a cornerstone of infant health and nutrition. It provides essential nutrients, antibodies and growth factors that protect infants from a variety of illnesses. A total str of 08 Offrs families, 146 JCOs/OR Families & 75 children attended the same.



6. Dental Hygiene. A lecture on Dental Hygiene was conducted by MNS Maj Tanya, MH Ayodhya Cantt on 21 Aug 2024 held at Awadh Auditorium, The Dogra Regimental Centre. A total str of 08 Offrs families, 146 JCOs/OR Families & 75 children attended the same.



7. Eye Care. A lecture was conducted by Maj Gokul, MH Ayodhya Cantt on 21 Aug 2024 held at Awadh Auditorium, The Dogra Regimental Centre. The eyes are a complex and delicate organ that is essential for vision.



8. **Medical examination of all families in Stn.** A lecture was conducted by Maj Mamta Rani, MH Ayodhya Cantt on 21 Aug 2024 held at Awadh Auditorium, The Dogra Regimental Centre. Medical examination of families is a proactive approach to healthcare that involves assessing the health status of all family members. It's a valuable tool in identifying potential health risks, early detection of diseases and promoting overall well-being. A total str of 08 Offr families, 146 JCOs/OR Families & 75 children attended the same.



9. **Bone mineral density test.** A lecture was conducted by MNS Maj Tanya, MH Ayodhya Cantt on 21 Aug 2024 held at Awadh Auditorium, The Dogra Regimental Centre. The amount of mineral content per unit volume of bone. Importance of bone health supports the body, protects organs produces blood cells and stores mineral. A total str of 08 Offrs families, 146 JCOs/OR Families & 75 children attended the same.



10. **Inauguration of Medical Camp at MH Ayodhya.** Medical Camp of MH Ayodhya Cantt was Inaugurated by Mrs Vibha Singh, Chairperson FWO on 21 Aug 2024 for the families of Ayodhya Cantt.



11. **Health lec cum Medical Screening Camp.** A health lec cum medical screening camp was org at MH, Ramgarh Cantt on 22 Aug 2024. Screening test for Cervical Cancer, Breast Cancer, Random Blood Sugar testing and screening for Anemia of all families who attended the camp were carried out for timely identification of any medical issues at initial stage itself. A str of 25 x families and 10 x children of this Centre attended the camp.



12. **HPV Vaccination Drive.** With sp of Gulmohar Maitri NGO a HPV Vaccination for Girls (09 to 14 Yrs age) was org by **BIHAR RC** at **APS Danapur Cantt.** The event was inaugurated by Mrs Monita Bhardwaj, Chairperson, FWO, J&B Sub Area which saw large participation of girl child. During the event Awareness pgme on the sub was conducted followed by vaccination of 50 girl child under supervision of Maj Prashant Bhardwaj, RMO BIHAR RC.



13. **Walkathon.** A Walkathon of 2.5 Km was org by BIHAR RC on 20 Aug 2024. Ladies of **Danapur Cantt** participated in the event. The event was flagged off by Mrs Monita Bhardwaj, Chairperson, FWO, Danapur Cantt. Women participating in the event were given 'Cert of Participation' and first five ladies and two girl kids finishing the walkathon were also awarded.



14. **Families & Children at “Tiranga Run”.** On the Occasion of 58th AWWA Day Celebration, The Dogra Regimental Centre conducted the Tiranga Run for families and children on 19 Aug 2024. The aim of this event was promoting mental and physical health among them. A total str of 179 families and 96 Children participated in the event.



ASSISTANCE TO FAFA FAMILIES

1. **Rampal Enclave (FAFA).** Families of Rampal Enclave actively participated in all the events nducted as part of AWWA week celebration.



DONATION DRIVE CONDUCTED WEF 12 AUG TO 16 AUG 2024

ENVIRONMENTAL AWARENESS

1. **Tree plantation Drive HQ MB Area.** A 'Tree Plantation Drive' was organised by Headquarter Madhya Bharat Area at Manekshaw Enclave, Jabalpur Cantonment on 20 Aug 2024 as part of AWWA Day Celebrations on the theme '**Plant a tree today, for a better tomorrow**'. The plantation drive was part of the environment conservation efforts by Madhya Bharat Area and to create awareness among the soldiers and their families.

2. As part of the AWWA Month, a tree plantation drive was conducted by families of The GRENADIERS RC on 13 and 14 Aug 2024 onwards. Families actively participated and gathered for the plantation wherein they carefully planted saplings ensuring appropriate spacing and proper planting techniques. Saplings of different varieties were planted in various loc of The GRENADIERS RC incl Family Qtrs. The tree plantation drive was focused on inculcating awareness towards our duty of saving the environment. A total of 200 saplings were planted.



TREE PLANTATION DRIVE' ON 20 AUG 2024

3. **Planting in Jabalpur Cantt-** Planting was carried out in all the RWAs under the aegis of HQ MB Area in which all residential enclaves were planted by the resident ladies. The drive gave participating planters a different perspective on



AWARENESS AND SKILLING

1. **Lecture on Entrepreneurship by Dr Archana Bhatnagar, Co-founder MAWE.** As part of AWWA Day celebrations, an insightful lecture was conducted for ladies of Jabalpur station on Entrepreneurship for women. The lecture was conducted by Dr Archana Bhatnagar, Co-founder of MAWE. The lecture was attended by 421 ladies.



2. **Financial Literacy for Women Empowerment.** A Lecture on Financial Literacy for Women Empowerment was conducted by SBI Manager, Mrs Ragni on 17 Aug 2024 at Awadh Auditorium, The Dogra Regimental Centre. Financial literacy and Women's empowerment are the intertwined concepts for increasing the basic knowledge among the defence ladies.



3. A lecture was given by ASTC, HQ MB Area on 21 Aug 2024 regarding courses running at ASTC for ladies.



4. **Financial Independence to All.** A short survey was org at this Centre by Army Skill Trg Centre, Jabalpur for the preferred Job Roles of new advance courses i.e. Yoga Instructor, Yoga Trainer, Beauty Therapist, Sewing Machine Operator – Knits, Hand Block Printer, Customer Care executives Domestic Voice skill job, CRM Domestic Voice, Domestic Biometric Data Operator and Graphic Designer etc for the benefit of the families. Families are being motivated to join courses commence from last week of Aug 2024.

5. **Govt Schemes for Women Empowerment.** A lecture was conducted on Govt Schemes for Women Empowerment by Maj Bharati Nanda RM at PVC Hall, **The Sikh Regt Centre** on **19 Aug 2024**. Photos of the same are as under :-



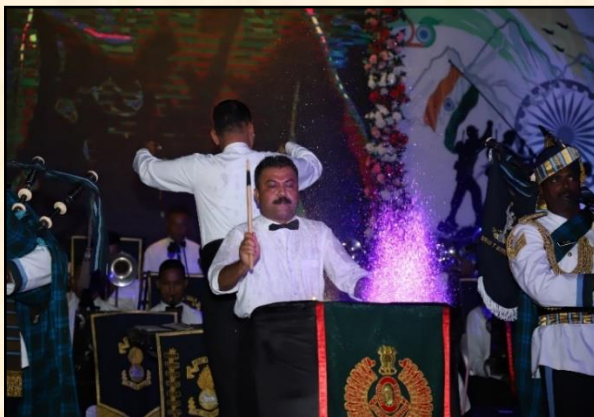
MONTHLY UPDATE OF AWWA ACTIVITIES

MB AREA : JUL 2024

EMPOWER VEER NARIS, WIDOWS & NOKS.

1. **Establishment of AWWA Helpline Number at HQ MB Area.** An AWWA helpline Number 1800-2330362 and email hqmbaawwa@gmail.com have been established at Jabalpur as a single point contact for Veer Naris/Widows, NoK and dependents for resolving welfare related queries. A helpline number 0532-2420743 has also been established at Prayagraj (Veterans Cell).

2. **Kargil Vijay Diwas Celebration.** 25th Anniversary of 'KARGIL VIJAY DIWAS' was celebrated with great enthusiasm on 26 Jul 2024 across all military station under AOR to pay homage to our great warriors who have sacrificed their life to defend the country. On this occasion, Veer Naris & Veerangana's were also felicitated. A grand combined band display was organised for serving/retired Offrs, JCOs, OR, their families and students at Jabalpur cantonment. A number of distinguished dignitaries also graced the solemn occasion including Justice of the High Court and MP and MLAs of Jabalpur.



3. **President AWWA Felicitation of Veer Naris.** President AWWA, Mrs Sunita Dwivedi felicitated the Veer Naris during her visit to MB Area on 23 Jul 2024.



CHILDREN WITH SPECIAL NEEDS.

4. **Early Intervention Centre.** Regional President AWWA visited the EIC on 23 Jul 2024. The center has ensured use of all possible diagnostic tools to enable intervention at earliest stage possible for children with various disabilities. Counselling of parents is also provided to help them cope up with all possible challenges.



5. **Van-Mahotsav Week (01-07 Jul 2024).** During the Van Mahotsav week, a plantation drive was organized in their premises by Asha School, Jabalpur on 05 Jul 2024. Students of the school planted different types of plants. Medicinal plants were also planted along with other plants. Dr. Madhoolika Mishra Tripathi, Principal of Asha School explained to the students the role of trees to stop global warming and climate change.



6. **Visit of Zonal President AWWA, MB Area.** Mrs Rajlaxmi Shekhawat, Zonal President AWWA, MB Area visited Asha School, Jabalpur on 20 Jul 2024. She interacted with OIC Asha School, Col NR Pawar, Principal Dr. Madhoolika Mishra Tripathi and with the students. She appreciated the teaching staff and management for their commendable service in the school.



7. **Visit of Regional President AWWA, Central Comd.** Mrs Ruchira Sengupta, Regional President AWWA, Central Command visited the Asha School on 23 Jul 2024. She was received by Mrs Rajlaxmi Shekhawat, Zonal President AWWA, MB Area, Mrs Padma Suresh Chairperson FWO, 1 STC and Dr Madhoolika Mishra Tripathi, Principal, Asha School. She praised the efforts of the staff and management for excellent professional services being provided to CwSN (Children with Special Need) of defence personnel and civilians in Jabalpur.



8. Mrs Vandana Nair, Chairperson FWO Jabalpur Ordnance Depot visited the family quarters & interacted with differently abled children on 18 & 19 Jul 2024.



QUALITY EDUCATION TO CHILDREN

9. President AWWA felicitated the students of APS for their academic excellence in board exams at Jabalpur on 13 Jul 2024 .



10. **Felicitation by Zonal President.** Zonal President AWWA and the Zonal Vice President AWWA felicitated the school toppers, teachers and support staff of APS 1 and 2 during a felicitation ceremony organized at Jabalpur on 16 Jul 2024.



11. Concept of '**Heavy and Light**' was explained to the children using real life objects at CAPPS, 1 STC on 08 Jul 2024.



12. An activity '**Our helpers**' was carried out for students of CAPPS, 1 STC on 09 Jul 2024.



13. **Tree of Gratitude**. An activity to develop an attitude of feeling/being grateful “Tree of Gratitude” was conducted at CAPPS, 1STC on 10 Jul 24.



14. **Saving Water** An activity ‘value of saving water’ was conducted on 16 Jul 2024 at CAPPS, 1 STC. Students were explained various methods of saving water.



15. Activities ‘Float and Sink’ and ‘Best out of waste’ were conducted for the children of CAPPS, 1 STC on 18 Jul & 19 Jul respectively.



16. **Doctor’s Day**. Doctor’s day was celebrated on 01 Jul 2024 at CAPPS, GRC. A Short Skit on the theme ‘Doctor’s Day’ was performed by students which was enjoyed by all.



17. **Vanmahotsava.** CAPPS, GRC conducted tree plantation by the students and the staff in their school premises during the Vanmahotsava Celebration on 05 Jul 2024. Students also gave a dance performance during the special assembly.



18. **Best Out of Waste Competition.** A competition 'Best Out of Waste' was held at CAPPS, GRC on 20 Jul 2024 to encourage creativity and innovation in children by challenging them to come up with creative ways to use waste material. Students of all classes participated in the competition.



19. **Art Integration: Rajasthan.** A special assembly was held on 18 Jul 2024 on Art Integration of Rajasthan at CAPPS, GRC to spread awareness about the culture of Rajasthan. Teachers and students were dressed up in Dhoti Kurta and Rajasthani Dresses to spread awareness about the culture of Rajasthan. Students also performed on Rajasthani Dance Numbers.



20. Children of CAPS, GRC visited COD, Jabalpur on the occasion of Kargil Vijay Diwas on 26 July 2024 was organized for the.



FOCUS ON PHYSICAL, MENTAL AND SPIRITUAL WELL BEING OF FAMILIES /NOKS.

21. A lecture on '**Red Dot Campaign**' was conducted by Maj Dushala, MH Jabalpur at Batra Auditorium on 20 Jul 2024 for families of 1STC. The lecture focused on "Red Dot" awareness for disposal of sanitary waste. The lecture also covered menstrual health and hygiene interventions followed by detailed description of cervical cancer and vaccine for the same.



22. **Lecture on 'Yoga & its benefits'**. Lecture on 'Yoga & its benefits' including basic yoga exercises for weight loss was conducted by Havaladar (APTC) Sangram Patil for the families of The Grenadiers Regt Centre on 10 Jul 2024.



GENERATE AWARENESS AMONGST OUR WOMAN IN KEEPING WITH THE CHANGING TIME.

23. **Visit of President AWWA.** A Central Family Welfare Meet was organized on the occasion of visit of Mrs. Sunita Dwivedi, President AWWA to Jabalpur on 13 Jul 2024. During her interaction with the families she emphasized on the pivotal role of spouses in Indian Army and encouraged them to empower themselves as true Nari Shakti. She also appreciated the measures instituted and various activities being taken up to provide opportunities to families of all ranks to enhance their skills and awareness through empowerment in the station.

24. **Visit of Regional President AWWA.** Mrs Ruchira Sengupta, Regional President AWWA interacted with families during her visit to MB Area, Jabalpur on 23 Jul 2024. A central family welfare meet was also organised on 23 Jul 2024. Highlights of the event include welcome song and a play on 'Red Dot' Campaign. Total 80 x Officers wives & 341 x JCOs/ORs wives attended the meet.



25. A seminar on “**Marital Harmonies**” was conducted for all ranks and their families by Dr Aruna Kulkarni, Psychiatrist specializing in Marriage Counselling at Jabalpur on 15 Jul 2024. vThe seminar was live streamed at Danapur, Meerut and Gopalpur.



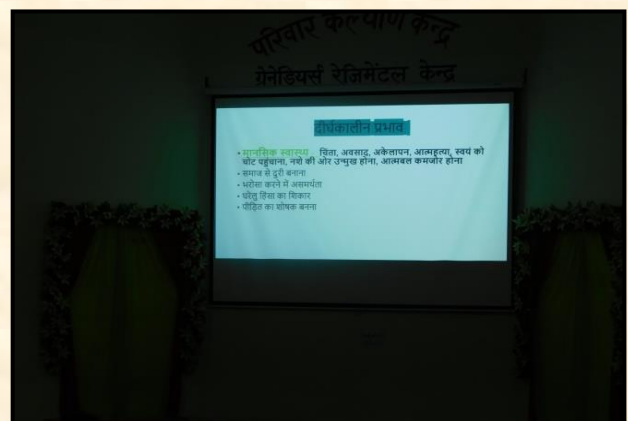
26. **Cyber Awareness Week: Jul 2024.** Cyber Awareness week was organised at 1 STC from 01 Jul 2024 to 07 Jul 2024. Troops and their families were educated on Cyber hygiene, Internet security and safeguard against cyber frauds.



27. **New Born Babies.** Senior ladies of MB Area visited Smt Priyanka w/o LNK Sandeep Kumar and Mrs Sakshi Singh w/o LNK Aniket Singh at their residence on 03 Jul 2024 to check on the well-being of the lady & the new born child. Gift hampers were presented to the families and new born babies as a token of love.



28. **Family Welfare Meets.** A Family Welfare Meet was organised at the Grenadiers Regimental Centre on 05 Jul 2024. A talk on **Sankalp Yojana** was conducted by Mrs Savitri Dubey, Supervisor, Mrs Gayatri Dixit, Counsellor and Mrs Mohini Patsariya Administrator from District Legal Services Authority, District and Session Court Jabalpur. Different avenues available for empowering women, both socially and economically were also highlighted.



29. A special family welfare was organised on 06 Jul 2024 at 506 Army Base Workshop. Various competitions and cultural programs were conducted during the meet.



30. "Folder and Card Making Competition" was conducted at AEC Training College and Centre during family welfare meet on 12 Jul 2024.



31. **Legal Rights Awareness**. Lecture on Legal Rights for families was given by Mrs Tanya Appachu Kaul of 506 ABW on 06 Jul 2024.



32. Mrs Ruchira Sengupta, Regional President AWWA Central Command visited the Prayagraj station on 24 Jul 2024 and interacted with the Chairperson, FWO Purva UP & MP Sub Area and other ladies.



DEVELOP ENTREPRENEURIAL SPIRIT AND SKILLING TO MAKE AWWA BENEFICIARIES FINANCIALLY INDEPENDENTS.

33. Following activities are being conducted at VTC Jabalpur to develop entrepreneurial spirit and skills to make AWWA beneficiaries financially independent from 01 Jul 2024 to 30 Jul 2024: -

Ser No	Course	Course Period	Strength
(i)	Nursery Teacher Training (NTT) Course	11 Jul 24 to 30 Jun 25	15 x Ladies
(ii)	Computer Class	01 Jul 24 to 23 Aug 24	10 x Ladies
(iii)	Bag Making Classes	08 Jul 24 to 22 Jul 24	07 x Ladies



Classes run at VTC, Jabalpur



Bag Making Course at VTC, Jabalpur

(a) **Courses being conducted at ASTC Jabalpur**

Ser No	Course	Course Period	Str Attended
(i)	Self Employed Tailor (SET)	26 Mar 2023 to 25 Jul 2024	25 x ladies
(ii)	Assistant Beauty Therapist (ABT)	26 Mar 2023 to 06 Aug 2024	26 x ladies

**Self Employed Tailor****Asst Beauty Therapist****ENVIRONMENTAL AWARENESS**

34. **Environment Protection & Tree Plantation.** Lecture on 'Environment Protection & Tree Plantation' was delivered by Smt Soumitra w/o Gdr Dinesh Lomror for the families of The Grenadiers Regt Centre on 19 Jul 2024. 18 families attended the same. Gulmohar, Ashok and Mango saplings were also planted by the families.

