

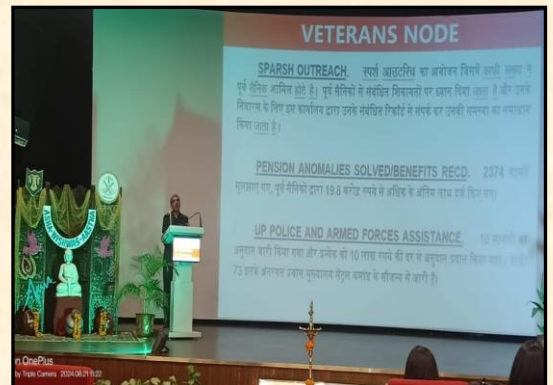
MONTHLY UPDATE OF AWWA ACTIVITIES UB AREA : AUG 2024

EMPOWER VEER NARIS, WIDOWS & NOKS

1. The gathering at Kargil Hall, Bareilly was privileged with the presence of Veer Naris amongst them on 23 Aug 24. Eight Veer Naris were felicitated by Mrs Minnie Misra, Zonal President AWWA UB Area. She interacted with them and assured them of all possible assistance.



2. **HQ Paschim UP Sub Area.** Felicitation of Veer Naris was done on 21 Aug 2024 at Meerut Station under the aegis of HQ PUPSA. A lecture on awareness of their pension and other benefits was delivered by Col Veteran, HQ PUPSA. Resolution of grievances of Veer naris were carried out during the outreach/programme. 32 Veer naris were felicitated during the event.

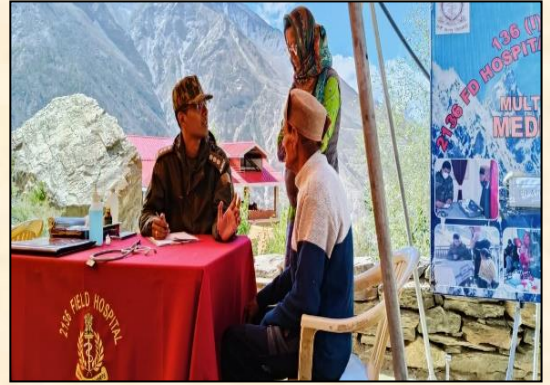


3. **HQ 136 (I) Inf Bde Gp, Med Outreach Pgme.**

(a) **Med Camp for Veer Naris At Bagipur Village.** ECHS Polyclinic, Rampur conducted a medical camp at Bagipur village of Himachal Pradesh on 14 Aug 2024. 108 civilians visited for health check-up.



(b) **Med Camp for Veer Naris at Tashigang Village.** 2136 Field Hospital conducted a medical camp at Tashigang village of Himachal Pradesh on 20 Aug 2024. 51 civilians visited for health check-up.



4. **JRC Bareilly.**

(a) **Settlement of Pension Cases.**

Ser No	No of Cases	Name of Pers	Dt of Cas	Settled or Otherwise (Present Posn)
(aa)	02	3209528L LNK Anil Kumar Chahar	30 Jul 24	OFP has been notified vide PPO No 202202400486 dt 13 Aug 24.
(ab)		3200389L Hav (Clk SD) Manish Kumar Singh	16 Aug 24	OFP claim pending due to death Part II order and pension documents not yet received from unit. Reminder issued.

(b) **Courses at ASTC.** 33 families of serving pers, Widows & NOKs of Bareilly Station attended the tailoring course at ASTC under PMKVY-4.0.



CHILDREN WITH SPECIAL NEEDS

HQ UB Area, Bareilly

1. **Visit to ASHA School.** Senior Officers of UB Area visited ASHA School on 09 Aug 2024. They interacted with the staff & children and appreciated the efforts and dedication of this unit in skill and as well infrastructure development of the school.



2. **Celebration of Independence Day.** Chairperson ASHA School Committee Bareilly hoisted National Flag in the School and celebrated the 78th year of Independence Day with the students and present staff of Asha School.



3. **Celebration of Raksha Bandhan.** On 20 Aug 2024 Raksha Bandhan celebration was organised for ASHA school children. 24 Children were participated in the event.



4. **Self Reliant.** To enhance the self reliance and promote the talent on students of ASHA school unit paintings made by one of the student named Shasvat, were kept for sale in Sajni shop, UB Area Shopping Complex. Paintings were sold with the cost of Rs 1500/- by the visitors and also appreciated by others.



5. **Celebration of Janmashtami.** On 26 Aug 2024 Krishna Janmashtami celebration was organised for ASHA school children. 25 Children were present in the event alongwith staff.



6. **Equine Therapy.** Equine Therapy for Asha School Children is being conducted on each Friday at Golden Fish Riding School.



7. **Interaction with Special Children at Lansdowne.** Director FWO, Lansdowne visited family quarters to meet the special children on 17 Aug 2024.



8. **HQ Paschim UP Sub Area.**

(i) **Independence Day.** 78th Independence Day was celebrated with full form and patriotism in ASHA School Meerut. Following events were organised as follows :-

(aa) Dance Performance.

(ab) Patriotic Song.

(ac) Group Dance.

(ad) **Prize Distribution.** All the participants students were presented with prizes and sweets.



(ii) **Raksha Bandhan.** Raksha Bandhan was celebrated with great enthusiasm. Beautiful Rakhi's were made by the children.



(iii) **Janamashtmi.** Janamashtmi was celebrated at ASHA School Meerut on 23 Aug 2024. Children performed a Dance programme 'Maiya Yashoda Ye Tera Kanhaiya' and splendid demonstration of 'Krishna-Sudam Jhanki'.



FOCUS ON PHYSICAL AND EMOTIONAL WELLBEING

1. **Marital Harmony**

(a) A lecture on highlighting the importance of "Marital Harmony" in Hindi was conducted for families by Mrs Rashmita Patra w/o Sub Manas Patra of AT Battalion ASC on 02 Aug 2024. 883



(b) **Quality Time.** To maintain marital harmony married couples are being given quality time which will help in strengthening their relationship.



(c) **Med Camp.** A Swasth Veerangana Health Camp was organised by MH Lansdowne on 17 Aug 2024 for the good mental and physical health of families of

Lansdowne stn. 138 families (09 Officers ladies, 123 JCOs/ OR families & 06 ESM families) participated enthusiastically throughout the screening camp as well as lecture.



(b) **JRC Bareilly.** An Interactive Session on Mental Health was conducted at Harbhajan Hall, JRC on 20 Aug 24. The Session was conducted by Dr Sabeen Ahsan, a Clinical Psychologist and Vice President of Vedaan Wellness Group, Bareilly. Critical issues like impact of mental health on relationships, self-esteem, work performance and physical health were deliberated during the interactive session.



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ASSISTANCE TO FAFA FAMILIES

1. **Fafa Carnival.** A carnival was conducted at playground of RWA Fafa lines, Bareilly by 101 Field Regt (HARAR KALAN) on 14 August 2024. Over 500 Fafa families and children, Officers & ladies attended the carnival. Following activities carried out during the event are as under:-

(a) **Sports/Games Activities.**



(b) **Food Stalls.**



(c) **Tambola & Fun Activities.**(d) **Horse Riding & Micky Mouse Bouncy.**(e) **Music & Entertainment.**

(f) **Homemade Products.** The RWA families made homemade chutnies & snacks like kharda, peanut chutnie and various kinds of mixtures which were displayed in the stalls for sale.



2. **HQ 9 (I) Mtn Bde Gp.** To remain in contact with all families residing in FAFA at outside locations, WhatsApp groups have been formed centrally to resolved their grievances at FAFA.

3. **HQ 119 (I) Inf Bde Gp. Get together for FAFA Families.** A get together and interaction was organised for FAFA families on 02 Aug 2024.



ENVIRONMENTAL AWARENESS

1. **Lecture on 'Environmental Awareness'.** A lecture was conducted on environmental awareness in which emphasis was given on tree plantation and save our planet.



2. **Shramdaan Campaign.** Shramdaan was organised by KRC Ranikhet for the families on 13 August 2024.



3. **HQ Paschim UP Sub Area.** An afforestation drive by the Families and children was carried out on 10 Aug 2024. 25 saplings (Medicinal, Fruit and Ornamental) were planted at Karam Singh Enclave and SRC Line.



4. **Tree Plantation Drive at IAPPS, Joshimath and Family Married Accommodation at Joshimath.** Tree plantation drive was carried out at IAPPS, and family married accommodation at Joshimath on 14 Aug 2024. Following trees were planted:-

S No	Type of Plant	Total No of sapling
(aa)	Commercial	250
(ab)	Shady Tree	250
(ac)	Fruit Tree	250
(ad)	Ornamental	250



5. **Lecture on Solid Waste Management.** A lecture on solid waste management was organised for the families of FAFA on 12 Aug 2024.



6. **JRC Bareilly.** A Tree Plantation Drive was organised by The JAT Regt Centre, Bareilly on 19 Aug 24, wherein 09 Arjun, 05 Sagwan, 09 Jamun, 03 Gabriella, 01 Bakan & 03 Safeda saplings were planted.



SPORTS CULTURE

1. **Taekwondo Classes.** To promote vibrant sports culture for kids and nurturing them through professional coaching this unit hired a taekwondo coach from Bareilly Taekwondo Association for the training of children. Currently 30 children are getting trained including 12 girls and 18 boys alongwith 10 families which are also learning self defence by the trainer.



2. **Basketball Coaching Classes.** Basketball coaching classes are being conducted for the children of Lansdowne station from 03 Aug 2024 and 32 children are attending the same.



3. **HQ 119 (I) Inf Bde Gp. Badminton Competition.** Badminton competition was organised for families of SHINGO paltan on 10th and 12th Aug respectively.



4. **Tiranga Run.** Tiranga Run was organised on 14 Aug 2024 for Pithoragarh. 14 Officers and 135 JCOs/ OR alongwith their families participated in the Tiranga Run.



5. **Pistol Firing Competition for Children.** A Pistol Firing Competition for children was organised at YBC Rg of The JAT Regiment Centre on 14 Aug 24. 28 children of JCOs/ OR participated in the said competition.



AWARENESS AND SKILLING

1. Lecture on Defence Salary Package (DSP) Acct & Prevention from Cyber Fraud.

To commemorating AWWA Day 2024, a lecture on Defence Salary Package Account & its benefits was given by Smt Akansha, SBI highlighting exclusive banking benefits for Defence personnel on 18 Aug 2024. 48 families were attended the lecture.



2. Central Lecture on Tech Absorption with respect to Modern Banking Tech & Prevention of Financial Frauds.

A central lecture on “Tech Absorption wrt Modern Banking Technical & Prevention of Financial Frauds” was organised for all families of BEG & Centre, Roorkee on 20 Aug 24.



2. To develop entrepreneurial spirit and skilling to make AWWA Beneficiaries financial Independent, the following activities are under progress at Bhulli Sashaktikaran Kendra, Lansdowne for families of the Lansdowne station including separated families :-

(a) Beautician Course. 7th Batch of Beautician course for ladies commenced at Bhulli Sashaktikaran Kendra with effect from 01 Jul 2024. Six ladies are attending the same.



(b) **Stitching Course.** 8th batch of Stitching Course for ladies commenced at Bhulli Sashaktikaran Kendra with effect from 01 Jul 2024. 11 ladies are attending the same.



(c) **Juice & Pickle Making Course.** 1st batch of Juice & Pickle making classes for conducted at Bhulli Sashaktikaran Kendra with effect from 10 Jul - 10 Aug 2024. Two ladies attended the same.



3. **HQ 9 (I) Mtn Bde Gp. Lecture on Cyber Awareness in Routine Life.** A lecture was conducted on the occasion of 'Cyber Jagrookta Diwas' with an aim to enhance the Cyber Security Awareness.



4 **HQ 119 (I) Inf Bde Gp. Candle Making Wksp.** As part of women empowerment, candle making classes under the initiative of Himal Craft were conducted in continuum for SHINGO families. 14 ladies of the unit participated in the works.



5. **Computer Classes.** Daily computer classes are being conducted to harness their skills and usage of computer. Families are taking keen interest in Computer learning and presently ten families are attending the Classes at SHINGO OR Institute (SORI).



6. **Courses at Aarambh.** The families of serving pers of JAT Regimental Centre attended the various skill development courses at Aarambh. Course wise details are as follows :-

Ser No	Type of Course/ Class	Strength
(aa)	Tailoring	05
(ab)	Yoga	07
(ac)	Baking	13
(ad)	Computer	05

MONTHLY UPDATE OF AWWA ACTIVITIES

UB AREA : JUL 2024

EMPOWER VEER NARIS, WIDOWS & NOKS.

1. **Felicitation Ceremony for NOK of Fallen Soldiers and Gallantry Awardees of Kargil War.** A felicitation ceremony for NOK of the fallen soldiers of the Kargil War was organised at Thimayya Auditorium, RIMC Dehradun on the occasion of Kargil Vijay Diwas under the aegis of HQ UK Sub Area. 21 Veer Naris/ Veer Mata and three Gallantry Awardees were felicitated by Lt Gen Gurmit Singh, PVSM, UYSM, AVSM, VSM (Retd), Hon'ble Governor of Uttarakhand.



2. **Meeting with Widows/Families at BEG & Centre Roorkee.** A grievance redressal meeting chaired by Director FWO, BEG & Centre Roorkee was organised for the widows and families on 10 Jul 2024



3. To commemorate the RAJAT JAYANTI MAHOTASV of Kargil Vijay Diwas a veteran rally was organised at Meerut on 26 Jul 2024. 425 Veterans, 40 Veer Nari's and widows attended the ceremony. 25 Widows were honoured by the GOC with a medallion and a relief cheque of Rs 10,000/- to each widow. The GOC interacted with the Veer Naris, widows & veterans and assured them of time bound actions to resolve their issues.



4. **HQ 119 (I) Inf Bde Gp.** On the occasion of 25th Kargil Vijay Diwas celebration held at Military Station Pithoragarh three Veer naris were felicitated by Director FWO, Panchshul Bde.



CHILDREN WITH SPECIAL NEEDS.

5. **Visit to ASHA School.** Mrs Minnie Misra, Zonal President AWWA accompanied by Mrs Aastha Bhasin Sharma, Director Harar Kalan FWO of 101Fd Regt visited ASHA School Bareilly on 26 Jul 2024. She interacted with the Staff & Children.



QUALITY EDUCATION TO CHILDREN

6. **ATPS, Pooh (HP).** An Odissi Dance Workshop for school children (HP) was conducted at ATPS, Pooh by Mrs Dheron Lowen under the guidance of Mrs Rajshree Rathore, Senior Director FWO, Tripeaks Bde. on 11 Jul 2024.



7. One class room has been renovated at ATPS, Karcham for Class 9th under the self-help proj.



8. A temporary shed was constructed over RO Plant at ATPS, Karcham under the self-help proj.



9. **HQ 9 (I) Mtn Bde Gp.** On the occasion of Kargil Vijay Diwas silver jubilee celebration, a poster making competition was conducted for children at Raiwala on 21 Jul 2024. The young buds participated with zeal and showcased their spirit with art work.



10. **JRC Bareilly.** A civil tutor has been employed for conducting Abacus classes for the children of serving soldiers of the JAT Regt Centre at Regimental Skill Trg Centre wef 21 Jul 2024. The classes are being organized for children studying in class 1st to 8th. 36 children are attending the subject classes.



FOCUS ON PHYSICAL, MENTAL AND SPIRITUAL WELL BEING OF FAMILIES /NOKS.

11. **World Population Day 2024 Celebration.** World population Day was celebrated at MH Roorkee on 11 Jul 2024. A lecture on health was delivered by Maj K Sumit, OC SHO Roorkee followed by a health talk on various contraception methods by Maj Vini, Nursing Officer, MH Roorkee.



GENERATE AWARENESS AMONGST OUR WOMAN IN KEEPING WITH THE CHANGING TIME.

12. **HQ Paschim UP Sub Area.** Following awareness lectures were conducted during the family welfare meets:-

- Lecture on Cyber Crime/Fraud.
- Safety Measures during Monsoon to including personal health and hygiene of surroundings.
- Lecture on ensuring NO Plastic Zone and disposal of Plastic Waste.



13. **Online Lecture on Cyber Jagrookta Diwas.** An online cyber awareness lecture on "Introduction to Policies & Advisories" was conducted on 03 Jul 2024 at Pithoragarh for the station families.

14. **Lecture on Financial Management.** A talk on awareness on financial management was organised for the families at Pithoragarh on 13 Jul 2024.



15. **Webinar on Cyber Security Awareness.** A webinar on Cyber Security was conducted by MCTE Mhow on 03 Jul 2024 during the occasion of 'Cyber Jagrookta Diwas' with an aim to enhance the cyber security awareness amongst service personnel and their dependents. The webinar was attended by all ranks and their families through Video Conference at Joshimath.



16. **Lecture on Road Safety Awareness.** A lecture on 'Road Safety Awareness' was organised by IRTE (Institute of Road, Traffic and Education) and 9 (I) Mtn Bde Gp Provost Unit on 04 Jul 2024 for troops and their families at Joshimath. The attendees were oriented about the basic traffic rules and necessary safety measures.



17 **Lecture on Precautions against Floods.** A lecture on 'Precautions against Floods' was organised at Roorkee. The lecture emphasized on the importance of having an evacuation plan updated with weather alerts. Director FWO, post culmination of lecture advised the families about likely water borne diseases & precautions to be taken thereof for safety of their dependents.



18. **Lecture on Financial Management, Instrument for Investment & Financial Fraud.** A lecture on financial management, Instrument for Investment & financial fraud was organised by SBI Joshimath under the aegis of Ibex Bde at, Joshimath on 27 Jul 24. A total of 86 families and 33 children attended the said lecture.



19. **HQ Paschim UP Sub Area.** A lecture on financial management was organised for the station families at Meerut on 16 Jul 2024. The lecture was conducted by Mrs Kumkum Sharma, Assistant Branch Manager, HDFC Bank. The lecture encompassed the following :-

- (a) Knowledge on handling personal financial issues.
- (b) Avenues of investment.
- (c) Safety & Security from banking frauds.
- (d) Guidance for achieving financial independence.



DEVELOP ENTREPRENEURIAL SPIRIT AND SKILLING TO MAKE AWWA BENEFICIARIES FINANCIALLY INDEPENDENTS.

20. **Visit of Regional President AWWA.** Mrs Ruchira Sengupta, Regional President AWWA, Central Comd visited the Pithoragarh military station on 09 Jul 2024 and interacted with the ladies of the station. A handicraft items stall was also displayed by the ladies during the occasion.



21. **Skill Development.** As part of skill development a hand bag making competition was organised at Raiwala on 12 Jul 24. To inculcate the habit of developing a new skill, a competition was also organised to encourage the families. The families participated with enthusiasm and showcased their skills. As an appreciation measure best hand bag making winners were felicitated.



22. **Culinary Skill Classes.** Pudding classes for the families were conducted at PSI wef 17 – 18 Jul 2024. Three JCOs families and 15 OR families attended the class.



23. **Courses at ASTC Bareilly.** The following courses are being run periodically at ASTC Bareilly for the families of the Bareilly Station:-

(a) **Tailoring Course.** Tailoring Course under PMKVY-4.0 for families of JCOs/OR is being conducted by ASTC Bareilly wef 24 Jul 2024 for the duration of four months.

(b) **Driving Course.** Driving Course for families of Offrs/JCOs/OR conducted by ASTC Bareilly.

(c) **Beautician Course.** A four months beautician course for ladies commenced at Mahila Shiksha Kendra, GRRC Lansdowne wef 01 Jul 2024. Six ladies are attending the same.



24 **Courses at Mahila Shiksha Kendra, GRRC Lansdowne.** The following courses are being conducting at Mahila Shiksha Kendra, GRRC Lansdowne wef 01 Jul 2024.

(a) **Stitching Course.** Attended by 11 ladies.



(b) **Block Printing Classes.** Attended by 04 ladies.



(c) **Juice & Pickle Making Course** Attended by 02 ladies.



25. **Computer Classes.** Computer Training course commenced at Roorkee wef 14 July 2024 wherein eight families are attending the course voluntarily. The aim of the course is to impart basic computer skills.



Sports Culture

26. 14 x Boys students of ATPS, Karcham participated in the Inter School Basket Ball, Kho-Kho, Kabbadi Tournament conducted wef 12 to 15 Jul 2024 at Govt School, Sangla (HP).



27. 12 x Girl students of ATPS, Karcham participated in the Inter School Sports and Cultural competition conducted wef 19 to 24 Jul 2024 at Govt School, Katgaon.



28 Kabaddi playground was enhanced to motivate the students and increase their participation in sports and physical activities at ATPS, Karcham.

