

MONTHLY UPDATE OF AWWA ACTIVITIES 50 (I) PARA BDE : AUG 2024

EMPOWER VEER NARIS, WIDOWS & NOKS

1. An extensive outreach pgme with respective Veer naris/ Widows/NOKs are being undertaken periodically for redressal of their grievances.



CHILDREN WITH SPECIAL NEEDS

1. **Independence Day Celebration.** On 15 Aug 2024, Independence day was celebrated with great zeal & excitement of the students, teacher & staffs. Flag hoisting ceremony was conducted. National anthem was sung & sweets were distributed among the students by the chief guest.



2. **Parent Teacher Meeting at Asha School.** On 02 Aug 2024, Parent Teacher meeting was conducted in the school. The teacher & staffs interacted with parents and discussed about indl performance of spl students. Parents were also given guidance so as to assist them in creating a friendly & comfortable environment at home for the children.



3. **Sr & Jr School Competition.** A Sr & Jr school competition was conducted in Shatrujeet Public School (SPS) and Army Public School (APS) Agra.

- (i) Sr School - Essy writing competition (Topic - Tech Development in India).
- (ii) Jr School - Printing & Drawing competition (Topic – A vision of World with sustainable technology / Futuristic cities).



FOCUS ON PHYSICAL AND EMOTIONAL WELLBEING

1. **Med Health Camp for Families.** A centralised Med Health Camp for families was conducted wef 12 Aug to 14 Aug 2024. The said camp was conducted by 60 Para Fd Hosp alongwith MH Agra. The fwg med aspects were covered in the same :-

- a) Eye Test.
- b) Dental Examination.
- c) Health Checkup for families.



(b) **Blood Donation Camp.** A centralised Blood Donation Camp was org under aegis of MH Agra alongwith 60 Para Fd Hosp.



(c) **Cyber Jagrookta Diwas.** On 13 Aug 2024, an online cyber awareness lecture for the month of Aug on the theme “**Cyber Awareness in Routine Life**” was conducted at Usman Auditorium by HQ MB Area. A Str of 175 families of this fmn attended the same.



(d) **Webinar on Early Intervention.** An awareness lecture for Anemia Screening was org on 21 Aug 2024 at Usman Auditorium. A Str of 215 families attended the same.



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KRA1.EMPOWER VEER NARIS, WIDOWS & NOKS.

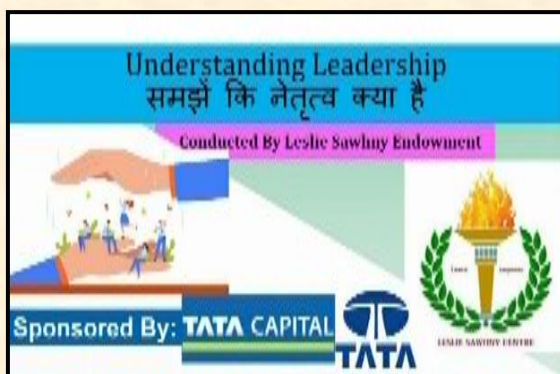
1. **Data Bank updation** The data bank of the Brigade Battle/Physical Casualties is being constantly updated. All due allowances as applicable to Physical Casualty cases are being addressed. An extensive outreach programme with Veer Naris/ Widows/NOKs is being undertaken periodically for redressal of their grievances.



2. **Felicitation of Veer Naris.** Veer Naris / Widows were felicitated on the occasion of D5 Motorcycle Expedition as well as "Hearts to Bravehearts" Campaign by Mahindra & Mahindra Limited as a run up to Kargil Vijay Diwas (Rajat Jayanti Mahotsav) celebration.



3. **Online Education Social and Welfare Program for Veer Naris, Spouses of Serving Soldiers and Dependent Children.** An online education social and welfare program for veer naris, spouses of serving soldier and dependent children was conducted at Agra by TATA Capital Ltd (Leslie Sawhney) wef 08 Jul to 24 Jul 2024. The program was subscribed well by the families/children



Developing the Qualities and Attributes of good LEADERS:

7. Discernment प्रभेद

- Analyse your past successes
- Observe successful elders and see how they think
- Listen to your instincts

8. Focus केंद्र

- Use your strengths and build them
- Identify your challenges and either overcome them or delegate them
- Create your own area of expertise, something in which you are the best

9. Generosity उदारता

- Develop an abundance mentality, give something away
- Put your wealth to work in a useful way
- Mentor or guide someone

KRA 2.CHILDREN WITH SPECIAL NEEDS.

4. **Project Pankh & Vishwas (Profit share to Students).** Due to the impetus given to the sale of Asha School products during various events as well as through sale of Asha School products during various events /and sales counter in station AWWA shop/unit fair price shops products worth Rs 24,250/- have been sold generating a profit of Rs 4,836/-.



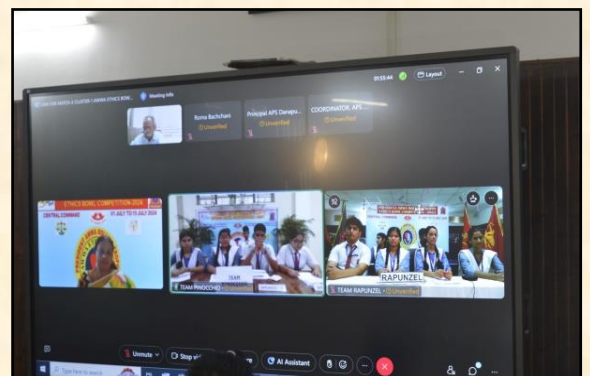
5. **Workshop & Awareness Lecture.** As a strong step towards making special children safe, Asha School, Agra conducted an awareness workshop on “**Good Touch Bad Touch**” on 13 Jun 2024. The event was organised with the objective of spreading awareness and educating children and parents about good touch and bad touch, the dark reality in the society, and to empower children to report any abuse.



6. **Counselling of Parents & Sibling of Special Children.** A two day counselling session of parents and sibling of special children was conducted at Asha School, Agra on 07 Jul 2024.

QUALITY EDUCATION TO CHILDREN

7. **Ethics Bowl Competition.** APS Agra participated in the AWWA Rolling Trophy Ethics bowl competition conducted between 01 Jul -15 Jul 2024. The same was witnessed online by other students of the school through web link



8. **International Yoga Day.** On the occasion of International Yoga Day, 21 Jun 2024 families of Agra military station were encouraged to develop a habit of practicing yoga. A yoga practice session was organised in all the units of the formation. Videos related to yoga and meditation were also circulated to the families of the units which were utilized by families for practicing yoga and meditation at their home to focus on physical, mental and spiritual wellbeing.



FOCUS ON PHYSICAL, MENTAL AND SPIRITUAL WELL BEING OF FAMILIES /NOKS.

9. **Psychological Counsellor.** To create awareness amongst the families of all ranks a lecture on mental health, distress management, awareness of parenting, emotional welfare, self-awareness and the secret of having a happy marriage/ relationships was conducted by Dr Chhavi Sharma, Psychological Counsellor on 09 Jul 2024



10. **Health Checkup.** A health checkup camp was organized for the children of APS Agra on 23 Jul 024. A presentation on healthy eating habits, dental hygiene, importance of sleep sports etc was also given to the parents and the students.



GENERATE AWARENESS AMONGST OUR WOMAN IN KEEPING WITH THE CHANGING TIME.

11. **Central FWC.** A special central FWC program was organised on 16 Jul 2024 at Usman Auditorium, Agra. 30 x JCOs and 180 x OR families attended the same. A talk on Health & Hygienic during monsoon was conducted by the lady medical officer of 60 Para Field Hospital.



12. **Cyber Jagrookta Diwas.** An online cyber awareness lecture “Introduction to Policies & Advisories” was conducted for the families of JCOs/ORs at Agra on 03 Jul 2024.



13. **Singing Competition.** To enhance social connectivity, bonhomie & encourage new talent, a singing competition for the families was organised on 06 Jul 2024 at Pithoragarh.



ENVIRONMENTAL AWARENESS

14. **Arboriculture Day Celebrations.** A tree plantation drive was undertaken on Arboriculture culture day on 10th Jul 2024 with resounding success. A total of 65 families attended the plantation drive



ASSISTANCE TO SEPARATED FAMILIES

HQ 50 (I) Para Bde , Agra

15. **Management of Separated Family Quarters.** A dedicated unit has been given the responsibility to look after the administration of separated family quarters. Major activities conducted in FAFA quarters as under:-

- (a) Fogging/Area maintenance to prevent water borne & mosquito borne diseases during monsoon.
- (b) Extensive patrolling of FAFA to ensure safety and security of the residents.
- (c) Initiation of project of app based e-rickshaw systems for troops within cantonment. The app is currently in developing stage.